



**VOMA 2026 Spring CME Conference
May 29 – 31, 2026**

Tentative Agenda

FRIDAY, May 30 (4 hours)

12:00 – 12:45	<i>Registration</i>	
12:45 – 1:45	Management of Type 2 Diabetes in Athletics	William Thomas, DO
1:45 – 2:45	Inheritable Cardiac Arrhythmia Syndromes, focus on LQT, CPVT and Brugada Syndrome	Daniel Alexander, DO
2:45 – 3:15	<i>Break</i>	
3:15 – 5:15	OMM Lecture & Lab: Sequencing OMM – Finding the Key Lesion	Phillip Snider, DO
5:15 – 6:30	<i>Welcome Reception</i>	

SATURDAY, May 31 (6 hours)

7:30 – 8:00	<i>Breakfast with Exhibitors</i>	
8:00 – 9:00	Mental Health Pharmacology Update	Michael Neville, PharmD
9:00 – 10:00	Navigating the Evidence: The Impact of Cannabis Use on Patient Health	Linda Mintle, PhD
10:00 – 10:30	<i>Break and Exhibits</i>	
10:30 – 11:30	GLP-1 RA in Obesity: 2026 Clinical Updates	Catherine Varney, DO
11:30 – 12:00	<i>Lunch</i>	
12:00 – 12:45	<i>Situation Room</i>	
12:45 – 1:15	<i>Business Meeting</i>	
1:15 – 2:15	Sexually Transmitted Infections Update	Emmie Strassberg, DO
2:15 – 2:45	<i>Break</i>	
2:45 – 3:45	Regenerative Medicine TBD	Saunora Prom, DO
3:45 – 4:45	Asthma 2026: Outpatient Management Update & Pearls	Fred Rawlins III, DO

SUNDAY, June 1 (4 hours)

8:00 – 9:00	Sports Medicine TBD	Mary Mitchell, DO
9:00 – 10:00	TBD	Jonas Rawlins, DO
10:00 – 10:15	<i>Break</i>	
10:15 – 11:15	<i>Alzheimer's Disease and the Role of Drugs on Correcting Protein Misfolding</i>	Amrita Mukherjee, DO
11:15 – 12:15	<i>Tips for Caring for the Autistic Patient</i>	Theresa Zano-McMillan
11:15 – 11:30	<i>Closing Remarks</i>	

The following lectures are available ON-DEMAND (10 hours):

State and Federal Advocacy Updates	AOA Government Relations Team
Non-Alcoholic Steatoic Liver Disease	Seenian John, DO
Breastfeeding	Camron Johnson-Privitera, DO
Child Abuse	Anne Washofsky, DO
From Acne to Zoster: A Practical Tour of Primary Care Dermatology	Joy Elliott, DO
Criminal Prosecutions & Healthcare: What Virginia Physicians Need to Know	Davis Powell, Esq
TBD	Julie Mullen, DO
Religion and Medicine Panel	Brian Dickens, DO